

# LUNCH MENU



WINTER 2011

## Light Bites

Soup of the Day    £4.75  
Home made soup of the day served with thick chunks of granary bread and butter.

Breaded Blanchbait    £5.20  
Served with crisp salad and home made tartare sauce.

The Famous Fort Burger    £5.95  
Prime 'Aune Valley' beef burger topped with crispy bacon, melted cheddar cheese and fried onions in a soft white bap. Served with salad garnish.

The Chicken Burger    £4.95  
Breaded chicken burger layered with iceberg lettuce and mayonnaise in a soft white bap. Served with salad garnish.

Squid Rings    £5.50  
Panko coated squid rings with salad garnish and either sweet chilli dip or garlic mayonnaise.

Chicken Chunks    £4.75  
Lightly battered chicken breast chunks with sweet chilli dip and a salad garnish

Prawn Twisters    £5.25  
Garlic, coriander and prawns twisted in filo pastry, with salad and lemon mayonnaise dip.

## Sandwiches

Salcombe Crab meat    £8.95  
Freshly picked white and brown Salcombe crab meat served with a salad garnish and slice of lemon. (when available)

Cheese & Chutney    £5.75  
Grated Cheddar cheese and chutney in wholemeal bread served with a salad garnish.

Ham    £5.75  
Thick slices of ham and sliced tomato drizzled with sweet chilli sauce in wholemeal bread with a salad garnish.

B.L.T    £5.75  
Crispy, hot bacon, iceberg lettuce and sliced tomato in wholemeal bread. Served with a salad garnish.

Tuna    £5.75  
Tuna mayonnaise and sliced red onion in wholemeal bread. Served with a salad garnish.

**Feel free to have a baguette for an extra 50p served with granary bread**



## Burgers

The Fire Cracker	£9.50
A 6oz beef burger sitting on a soft white bap with chorizo sausage, fried onions, mushroom, goats cheese and hot chilli sauce.	
BBQ Beastie	£9.50
A 6oz beef burger sitting on a soft white bap with bacon, brie, fried onions and BBQ sauce.	
The Traffic Light	£9.50
A 6oz beef burger sitting on a soft white bap with red and green peppers, onion rings and sweet chilli sauce.	
The Hangover Cure	£9.50
A 6oz beef burger sitting on a soft white bap with large mushroom, bacon, egg and brown sauce.	
Arriba Arriba	£9.50
A chicken breast sitting on a soft white bap with guacamole, sour cream, salsa, lettuce and tomato.	
Healthy Habits	£9.50
A chicken breast sitting on a soft white bap with salad leaves, tomato, cucumber, mango chutney, caramelised onion and melted mozzarella cheese.	
The Veggie	£9.50
A vegetable burger sitting on a soft white bap with roasted vegetables and a choice of mozzarella or brie cheese.	

**All served with creamy coleslaw, a crisp fresh salad, and chips.**

## Desserts

Cheese Board £6.95  
A generous portion of Cheddar, Brie and Stilton cheese, served with a selection of biscuits and sides.

Ice Cream and Sorbet Sundaes  
Strawberry, Chocolate, Vanilla, Irish Coffee, Honeycomb, Eaton Mess or Toffee-fudge ice cream. Mango, Lemon or Blackcurrant sorbet. Pick your flavour or a combination of your choice. Served with wafers, sauce and sprinkles.

1 scoop £1.95  
2 scoops £2.95  
3 scoops £3.95

The Fortescue Feast £5.50  
Pick four scoops of ice cream (flavours above) topped with sprinkles, wafers, sauce, squirty cream and chunks of fresh fruit. Served with as many spoons as you like, or just one if you're feeling brave!

Puddings, Tarts and Pies £5.50  
See our blackboards for today's options. All served with your choice of double cream, custard or ice cream.

## Children's Menu

Chicken breast chunks with chips.  
Battered fresh cod fillet with chips.  
'Aune Valley' beef burger in a floured bap with chips.  
Pork sausages with chips.  
Breaded whole tail scampi with chips.

All can be served with baked beans, fresh salad or garden peas. Please specify when ordering

**All only £4.95**

**Children's activity sheets available on request.**